



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

15 minutes before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Sunday 6:15-6:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

For food assistance in the Waterloo Region call 519-743-5576 Ext 340 to be directed to the program nearest you. SSVP is currently supporting the North of 60 project providing food assistance to Chesterfield Inlet, Nunavut as well as creating Essential Hygiene Kits for newly arriving Ukrainian refugees.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Sunday Gospel Reflection (Mk 1:40-45)



In today's Gospel a leper approaches Jesus and begs him, "*If you choose, you can make me clean.*" Jesus not only permits the leper to approach but does something unimaginable for a Jew: He touches him. As we are told, Jesus does so out of compassion. This scene has a sacramental quality. Jesus stretches out His hand and says, "**Be made clean.**" A similar action takes place in the Sacrament of Reconciliation. We confess our sins to God and God, through the outstretched hand and sacramental words spoken by the priest, takes away the burden of our hearts.

Fr. Jamroz

WELCOME TO ST. MICHAEL PARISH

Welcome, we are glad you're here! For details on our parish life, please see our website: www.stmichaelw.ca

Parish Office Hours

The parish office is open Monday to Friday from 9:00 am to 4:30 pm.

Sunday Homilies Online

Sunday homilies are available weekly online in audio and pdf version through our parish website – just click on the button 'SUNDAY HOMILY'.

The Church is Open for Prayer

The Church is open for quiet prayer Monday to Friday, from 9:00 am to 4:00 pm.

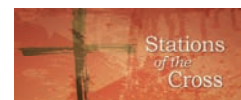
Prayer Intentions

Prayer intentions are placed at the front of the Altar and are remembered privately at Mass during the Prayers of the Faithful. You can also have your request shared with our prayer group ministry. Please go to our website www.stmichaelw.ca and click on Request a Prayer or contact the parish office by phone or email.

Parish Email List

All parishioners are welcome to join a parish email list. If you are on this list, you will be notified of upcoming parish events including funerals. To join the list, please sign up on our website at

<https://www.stmichaelw.ca/contact-us>



MASS INTENTIONS

Tuesday, February 13, 2024

7:00 pm + Special Intentions of JR
+ Gerarda Bogaerd – Christopher Jo

7:30pm-8:30pm Holy Hour with Adoration & Benediction

Wednesday, February 14, 2024, Ash Wednesday

12:15 pm + For the parishioners of St. Michael Parish

7:00 pm + For the parishioners of St. Michael Parish

Thursday, February 15, 2024

12:15 pm + Helen Benninger – The Family

Friday, February 16, 2024

8:00 am + Special Intentions of K G Joy – Treasa Joy

8:30am - 9am Adoration of the Blessed Sacrament

7:00 pm + For the parishioners of St. Michael Parish

7:30 pm Stations of the Cross

Saturday, February 17, 2024

5:00 pm + Deceased Members of the Starr & West Family – Lynn & Ken West

+ Steve Hollo – The Family

+ Paul Grobe – Maryanne Grobe & Family

Mass and Stations of the Cross

Every Friday during Lent we will have **Mass at 7pm** followed by the **Stations of the Cross**



ASH WEDNESDAY, FEBRUARY 14th

Mass 12:15 pm and 7:00 pm

Ash Wednesday in Latin *Dies Cinerum* (*Day of Ashes*), is the start of Lent. The Church adapted the use of ashes to mark the beginning of the penitential season when we seek to grow in love and virtue. The ashes are blessed and imposed on our foreheads with words, “*Repent and believe in the Gospel*” or “*Remember you are dust and to dust you shall return.*” Ash Wednesday is an obligatory day of fasting and abstinence for Catholics. (Excerpt from: ewtn.com)

What is Lent?

Lent is a 40-day season of prayer, fasting, and almsgiving that begins on **Ash Wednesday** and ends on **Holy Thursday**. It is a period of preparation to celebrate the Lord's Resurrection at Easter. We are called to not only abstain from luxuries, but to a true conversion of heart. Traditionally we refrain from meat on Fridays during Lent, but we are also called to fast in other ways (see, **Isaiah 58: 6-9**).

In Lent, those who are baptized are called to renew their baptismal promises while others prepare to be baptized through the *Rite of Christian Initiation of Adults* - a period of learning and discernment for those who wish to become Catholics.



This Lent, let's work toward *Reaping our Rights*

This year, Development and Peace — Caritas Canada's *Create Hope: Reaping our Rights* campaign calls you to stand with small-scale farmers and peasant communities who feed the world while caring for the Earth.

Do this by:

- **Learning more** by using the Solidarity Calendar every day during Lent and reading **the Mini-magazine** and other resources available at devp.org/lent/resources.
- Meeting our solidarity visitors and **participating in the campaign launch webinar** on **February 17 at 1:30 p.m. ET**. Or the Diocese of Hamilton Virtual Workshop

on February 20 from 7-8:30 pm. Register at <https://devp.org/en/evenement/virtual-lenten-workshop-hamilton-southwestern-ontario/>

World Day of the Sick, February 11

The ministry of Jesus to the sick is central to the life of the Church. February 11 (Memorial of Our Lady of Lourdes) highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease. (Excerpt from the *Ordo* 2023-2024)

Prayer Shawl Ministry

Members of St. Michael's knit and crochet prayer shawls and pray for people who are ill or have experienced a loss. The next meeting is **February 14th** at 1 pm in the library. Please consider joining this ministry. All are welcome. Donations of wool are always appreciated.

2023 Income Tax Receipts

2023 income tax receipts were mailed on February 1.



DIocese of Hamilton

ADULT FAITH FORMATION THROUGH VLCFF

The Diocese of Hamilton is proud to partner with Dayton University's Virtual Learning Community for Adult Faith Formation (VLCFF) to offer certificate programs for ministry and enrichment for adult faith formation. We are currently taking enrollment for the Youth Ministry Certification Program and the Catechist Formation Program for the Diocese of Hamilton, which begins in **September 2024**. ... For more information about our programs, and how to register, visit us at www.hamiltondioceselearns.com

THE FINE ART OF BEING HAPPILY MARRIED

In his poem, *The Art of Marriage*, Wilfred A. Peterson writes, “A good marriage must be created” and creating something requires time and attention. We invite you to take the time, with your spouse, to find new and creative ways to increase your connection with each other ... Join us on Saturday, **May 4th from 9:30 – 3:00 pm** at the Mount Mary Retreat Center in Ancaster. Cost is \$50 per couple and includes lunch. To register on the website go to hamiltondiocese.com and look under pcoming Events, or contact Sarah at 905-528-7988 ext. 2249.



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Waterloo Knights of Columbus

Columbus Conference Centre

145 Dearborn Place

Friday Night Fish Fry:

Take out call **Derek 226-748-8378**

Eat in call **Manager 519-884-2060**

Wednesday Spaghetti: Take out/Eat in call

Manager 519-884-2060, place orders by 2:30 pm

Hall Rentals: Stag & Does, Meetings, Parties,

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